

CHAPTER VI.

INFINITESIMAL QUANTITIES AND THEIR EFFECT UPON US.

THE power of suggestion is not a mere phrase. Ideas have a direct influence even on our bodies. For instance, if it be suggested to a person under hypnotic influence that he is carrying out movements with the right arm, this arm will increase in size. Thus the mere idea of an imaginary movement causes complex changes in our system, and affects our very blood. What, then, must be the influence upon us of our entire intelligence, on which depends everything we think or do or say? What profound modifications must be constantly taking place within us